## LEAND PANDANCE

### EMBRACE THE INNER MOVEMENT



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## Dance safe & freely, like nobody's watching, because no one will

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www.matrix-q.studio

#### by Luis Daniel Maldonado Fonken

### EMBRACE THE INNER MOVEMENT

## "DANCE SAFE &

# FREELY, LIKE NOBODY'S

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### EMBRACE THE INNER MOVEMENT

#### WELCOME TO MATRIX-Q STUDIO, WHERE TRANSFORMATION

#### **BEGINS WITH CONSCIOUSLY EMBRACING THE INNER MOVEMENT.**

## Discover the HandPan Dance (Matrix-Q Dance Improv. Method) and unlock your true potential for well-being and personal growth. Our holistic program integrates ancient wisdom with modern science, offering a unique pathway to inner peace and empowerment.



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# HANDRANDE

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20 - 40 min Live Audio Online

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### EMBRACE THE INNER MOVEMENT

### In a world where we often hide behind facades, this

program invites you to strip away the layers and embrace

your true essence. Through dance improvisation and

guided sensory and emotional awareness exercises, you'll

## explore the depths of your being, fostering self-

#### acceptance, healing, and transformation.

#### FOSTER SELF-AWARENESS, EMOTIONAL EXPRESSION, AND

#### PHYSICAL FREEDOM THROUGH SOLO DANCE IMPROVISATION IN A

#### PRIVATE, SAFE ENVIRONMENT.



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### EMBRACE THE INNER MOVEMENT



### EMBRACE THE INNER MOVEMENT

#### Increased body awareness, presence, clarity,



enhanced emotional expression and release, greater

comfort and confidence in private solo movement

through dance improvisation and self-expression

inspired by the handpan sounds played live for you

by Luis Daniel Maldonado Fonken.



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### EMBRACE THE INNER MOVEMENT

### EXPERIENTIAL

#### Embark on a unique journey of self-expression and

emotional release through dance improvisation, guided

by the soothing and transformative sounds of the

### handpan. Whether participating safely and privately from home with audio only, in a group setting, or outdoors,

#### you will enhance your body awareness, presence, and

### clarity, gaining greater comfort and confidence in your

#### movements. This immersive experience is designed to

#### foster personal transformation and a deeper connection

#### with your inner self.

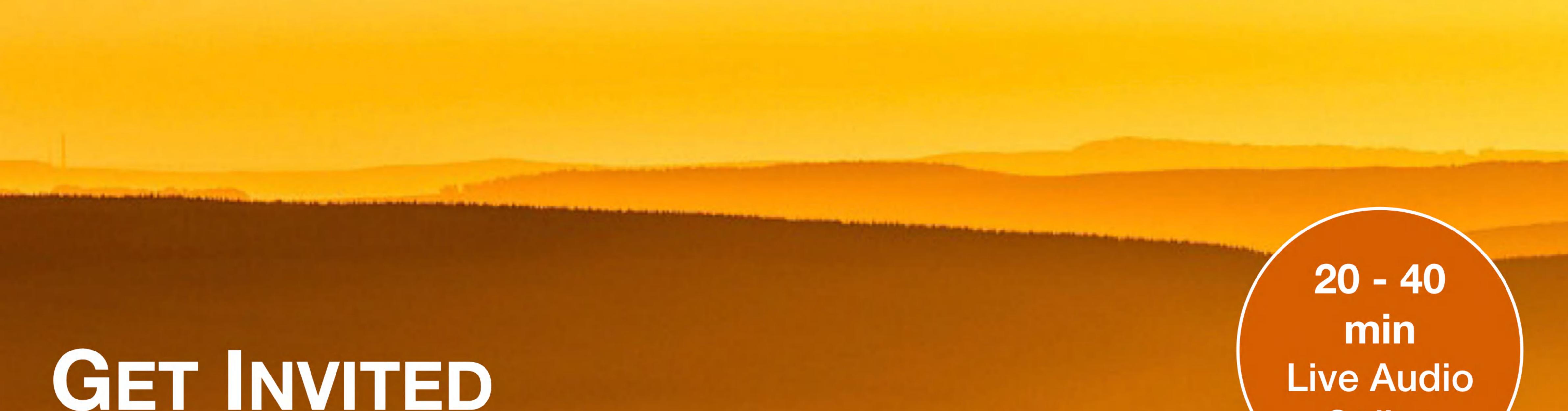


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### EMBRACE THE INNER MOVEMENT

### How does it work?

#### If we receive enough interest from our audience, we

will launch the "Embrace the Inner Movement"

program. Your feedback is crucial in determining

whether this program goes live. If you would like to

see this product available, please join the waiting list.

Your participation will help us bring this unique blend

of handpan music and dance improvisation to life.



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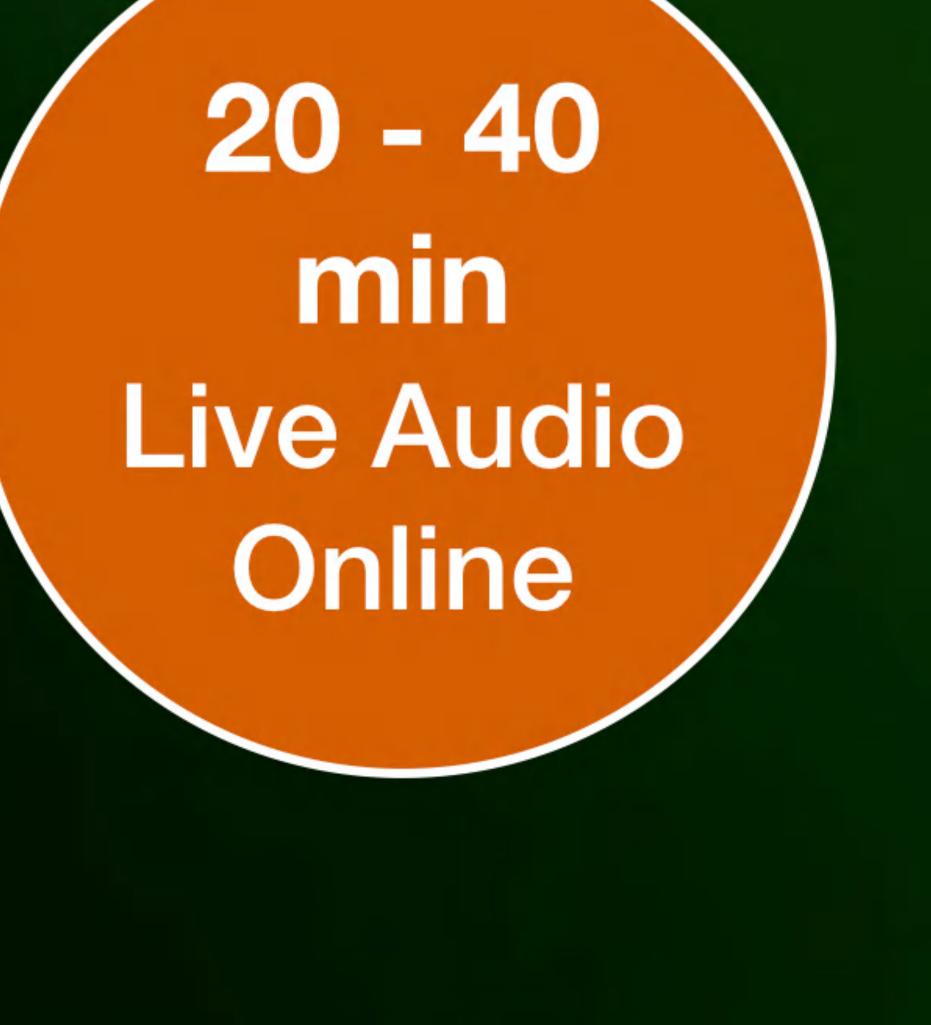
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